

# Saebo Electro-Mesh Garment: Find Your Size

To maximize comfort and fit, there are (2) measurements required. The two measurements will indicate the best possible size recommendation.



(A) ARM CIRCUMFERENCE

**(A) Measure Arm Circumference:** Wrap tape circumferentially around the middle portion of the biceps muscle. If you do not have measuring tape, use string and then measure the string with a ruler.

## ARM SIZE

**15cm – 25.5cm Paediatric**

**25.5cm – 60cm Adult**



(B) HAND CIRCUMFERENCE

**(B) Measure Hand Circumference:** Wrap measuring tape circumferentially around the hand. If you do not have measuring tape, use string and then measure the string with a ruler.

## HAND SIZE

**15cm - 16.5cm Paediatric**

**16.5cm or > Adult**