## Saebo Electro-Mesh Garment: Find Your Size

To maximize comfort and fit, there are (2) measurements required. The two measurements will indicate the best possible size recommendation.



(A) ARM CIRCUMFERENCE

**(A) Measure Arm Circumference:** Wrap tape circumferentially around the middle portion of the biceps muscle. If you do not have measuring tape, use string and then measure the string with a ruler.

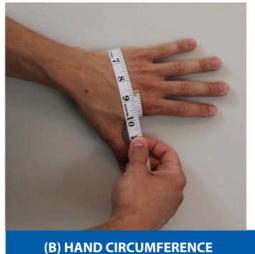
## **ARM SIZE**

**Small** 15 – 25.5 cm

**Medium** 25.5 – 35.5 cm

**Large** 35.5 – 46 cm

**X-Large** 46 – 58.5 cm



**(B) Measure Hand Circumference:** Wrap measuring tape circumferentially around the hand. If you do not have measuring tape, use string and then measure the string with a ruler.

## **HAND SIZE**

**Small** 15 – 16.5 cm

**Medium** 16.5 – 20 cm

**Large** 20 – 23 cm

X-Large 23cm or >